



WorkHealth Health Checks



PEAK Health Management has been endorsed as a service provider for the Victorian Government's WorkHealth program. PEAK is a provider in the Southern Region of Melbourne.

What is WorkHealth & The WorkHealth Health Check

WorkHealth is a Victorian Government initiative committing to providing every Victorian employee with the opportunity to have a Health Check over the next 2 years. This will only be offered once to each organisation for the program.

The Health Check includes:-

15 - 20 mins

- Self Assessment Questionnaire
- Blood Pressure
- Cholesterol (Total/HDL)
- Glucose
- Waist Measurement
- Company Statistical Report for organisations providing 50 or more Health Checks
- Type II Diabetes Risk Assessment
- Cardiovascular Disease Risk Assessment (over 45 years old)
- Information Sheets
- Individual Results Booklet
- Consultation
- High risk individuals

Who performs the Health Checks?

The WorkHealth Checks are performed by qualified Nurses with experience in the provision of onsite corporate health checks. Our nurses are employed directly by PEAK Health Management.

Why Choose Peak for your WorkHealth Program

Appointment Booking System

PEAK will provide both online & hard copy appointment booking systems as part of the service. The online booking system is inclusive of email & sms appointment reminders

Marketing Support

PEAK will provide marketing support to maximise the programs uptake as part of the service

Complimentary Promotional Product

Organisations securing the WorkHealth Health Checks with PEAK will receive complimentary promotional product to assist in marketing and securing staff to the program. These include waterbottles & stress balls (limited stock & subject to availability)

National Service

For organisations with offices outside Victoria, we can provide a similar service nationally at a charge

Follow Up Services

PEAK has an array of corporate wellness solutions that can be considered as part of any intervention or follow up program post the WorkHealth Health Checks

Health Promotion Grant

PEAK can assist organisations with their application to WorkHealth for a Health Promotion Grant

Which Employers Are Eligible

- Pay a premium under a WorkSafe Injury Insurance Policy
- Are approved by WorkSafe as a self Insurer
- Are registered in a jurisdiction other than Victoria, but have a WorkSafe Injury Insurance Policy or are self insurers (eligible on behalf of workers in their Victorian operation only)

You are not eligible if...

- Unable to take out WorkSafe Injury Insurance Policy
- Are a government agency or business entity which is registered with Comcare
- An employer, government agency or business entity operating wholly outside of the State of Victoria

How does the invoicing & payment work

The health check is free and all the administration is managed by PEAK Health Management and WorkHealth.

The process is as follows...

1. Post your application being approved by WorkHealth, PEAK is contacted advising that your organisation has chosen PEAK as its preferred endorsed provider for the service.
2. PEAK will contact you within 5 days to discuss logistics, dates, times and particulars
3. On the day of the service, sign off on the Activity Report Sheet to confirm the number of checks.

How to Secure Your WorkHealth Health Checks

- You will be asked for a PROMOTIONAL CODE.
- Have your PEAK Health Management PROMOTIONAL CODE handy which is: **2470**
- Use the "Apply Here" link on the www.peakhealth.com.au/workhealth.aspx
- Fax to: 03 9641 1952
- Or mail to:-
 - WorkHealth
 - WorkSafe Victoria
 - GPO Box 4306
 - Melbourne VIC 3001

***For more information regarding any aspect of the WorkHealth program contact
PEAK Health Management on 1300 360 107.***